

**Attorney Timothy P. Crawford, CPA, CELA\*, CAP\*\***  
wanted to share this information with you.

## **Book Review: *Circles of Care-* How to Set Up Quality Home Care for Our Elders**

**GREATER MILWAUKEE AREA OFFICES IN BROOKFIELD, GLENDALE, MILWAUKEE, OAK CREEK & RACINE**

### ***Your Asset Protection Law Firm***

840 Lake Avenue, Suite 200  
Racine, WI 53403  
(262) 634-6659

E-mail: [tpc@execpc.com](mailto:tpc@execpc.com)

Website: [www.TpcLaw.com](http://www.TpcLaw.com)

Most seniors, when given a choice, would prefer to remain at home instead of go to a nursing home. *Circles of Care* explains how to provide quality care for seniors in their own homes.

Drawing on 20 years of experience as a care giving coordinator and consultant, author Ann Cason focuses on how to relate to and understand what a senior is going through in order to provide the best help. According to Cason, it is necessary to enter the elder's world in order to assess the elder's needs. She addresses many of the challenging behaviors that can typically arise, such as moodiness, combativeness, confusion and memory loss, and offers sensitive strategies for dealing with them. Cason explains how to determine when help is needed and what care giving services are available. She also provides detailed information on care giving, including an explanation on how to give a bed bath and sample menu suggestions.

Other chapters describe how to build a care giving team, create daily schedules and routines, enrich the elder's environment, help the elder let go, work with difficult behaviors, and care for a dying loved one. Recognizing that sometimes a nursing home is necessary, Cason includes a chapter on finding a good facility.

*Circles of Care* incorporates case studies and stories that provide real-world examples as well as lots of practical tips. This wise book is a valuable resource for both family members and professional caregivers.

**“Those Who Plan Ahead Win.  
Those Who Don’t Plan Ahead Lose.”**

This article is for informational purpose only and is not intended as legal advice. It is recommended that you call Timothy P. Crawford for a free conference to discuss your situation in more detail. Attorney Crawford can be reached at 1-262-634-6659. Please refer to this article when you call.

\*Attorney Timothy P. Crawford is a Nationally Board Certified Elder Law Attorney (CELA). He has been Board Certified by the National Elder Law Foundation which has been approved as the Sole Certifying Organization for Elder Law Attorneys by the American Bar Association.

\*\*Timothy P. Crawford was invited to join the Council of Advanced Practitioners (**CAP**) of the National Academy of Elder Law Attorneys (**NAELA**) in August of 2005. **CAP** is a small group of premier elder law attorneys, all of whom have been members of NAELA for at least 10 years, are certified as elder law attorneys by the National Elder Law Foundation, and are AV rated by Martindale Hubbell, a service that provides an independent rating of the quality of attorneys, as one of the top attorneys in the nation.

Attorney Timothy P. Crawford has been selected as a **Fellow** of NAELA. **Fellow** is the highest honor bestowed by the Academy. Selection as a **Fellow** signifies that his peers recognize the lawyer as a model for others and as an exceptional lawyer and leader.

Attorney Timothy P. Crawford has a superb rating of 10 out of 10 with A V V O.

A V V O has awarded to Attorney Timothy P. Crawford the A V V O Client's Choice Award.

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to Protect Their Assets from Nursing Home Care Costs"**

"A majority of text has come from an article prepared by Attorney Howard S. Krooks, friend of Attorney Timothy P. Crawford, is used here with permission."